### 2019 HEALTH SCREENING SCHEDULE (July-September)

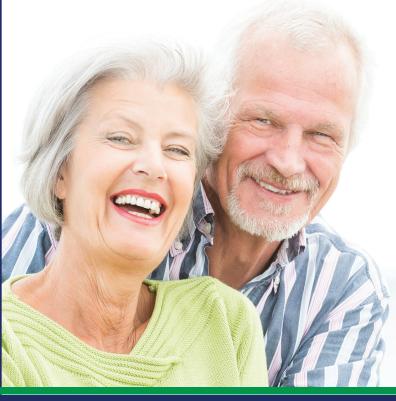
Upper Chesapeake Health Link will provide the following

### FREE HEALTH SCREENINGS

# to Harford County seniors ages 55+ at the Harford County Senior Activity Centers

For more information about each screening please call your local Senior Activity Center.

Edgewood Activity Center 410-612-1622
McFaul Activity Center 410-638-4040
Fallston Activity Center 410-638-3260
Havre de Grace Activity Center 410-939-5121



## July – Blood Pressure and Osteoporosis Screening

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood 1st Wednesday – McFaul 2nd Wednesday – Fallston 4th Wednesday – Havre de Grace

## August – Blood Pressure Screenings and Sleep Disorder Screening

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood 1st Wednesday – McFaul 2nd Wednesday – Fallston 4th Wednesday – Havre de Grace

#### September – Blood Pressure Screenings and "My Plate" Healthy Eating Education

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood 1st Wednesday – McFaul 2nd Wednesday – Fallston 4th Wednesday – Havre de Grace

